

Make 'n Take



Name of Make 'n Take: Four Elements of the Universe

Theme and Topic: Traditional Teachings - Mother Earth

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Name of Schools: Sacred Heart – Holy Family RCSSD #140

Grade: 1

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Materials: Paper plate, straw, foam (red/orange), blue pipe cleaner, blue tissue paper, seeds (peas)

Book - *Taking Care of Mother Earth* – by Leanne Flett Kruger

Procedure:

1. Read the book *Taking Care of Mother Earth* By Leanne Flett Kruger Discuss ways to take care of the earth.
2. Introduce the 4 elements of the universe – discuss the importance of each element.
3. Using a paper plate as a background – glue the straws to make a quadrant.
4. In one quadrant, cut flames from the red and orange plastic foam. Glue on to the first quadrant
5. Shape blue pipe cleaner to resemble waves. Glue pipe cleaner onto second quadrant.
6. Cut blue tissue paper into thin long (3 – 4 inch) strips. Glue at one end in the third quadrant. Allow the other end to hang down so students can blow on paper to create movement.

7. Glue seeds (peas) onto the last quadrant to represent earth
8. Label the four quadrants – Fire, Water, Air and Earth
9. As an extension – finish the end of the sentence (stating the importance of an element).

Thank you Mother Earth for _____. We need _____ for _____.